

## Technical details

### Route table

Location	Meters above sea level	Distance from point to point	Distance from start point	Height from start point	Approximate walking time from point to point
Loc. Le Strette	400	0	0	0	0
Conventino	464	1000	1000	64	15 minutes
Castello di Montauto	780	3600	4600	316	65 minutes
Camprione	650	1500	6100	-130	25 minutes
Sassefo	553	1750	7850	-97	20 minutes
Cammiano	496	1950	9800	-57	20 minutes
Convento dei Capp. Montauto	494	1100	10900	-2	15 minutes
Villa della Barbolana	433	1200	12100	-61	15 minutes
Tavernelle	344	1400	13500	-89	15 minutes

### Route profile

