

Technical details

Route table

Location	Meters above sea level	Distance from point to point	Distance from start point	Height from start point	Approximate walking times from point to point
Ponte alla Piera	560	0	0	0	0
Poggio Traversa	942	3750	3750	382	70 minutes
Monte Filetto	1289	2750	6500	347	60 minutes
Monte Castello	1414	2250	8750	125	60 minutes
Poggio Il Soglio	981	4000	12750	-433	90 minutes
Poggio Capanno	765	2200	14950	-216	40 minutes
Cerreto	619	1250	16200	-146	20 minutes
Ponte alla Piera	560	1000	17200	-59	20 minutes

Route profile

